

COLOURFUL SALAD



Ingredients (For 4 people)

- 1 Green Meat radish
- 1 Blue Meat radish
- 3 carrots of different colours
- 1 pink radish
- 1 yellow beetroot
- 1 red beetroot
- 1 Chioggia beetroot
- 300 g cooked red lentils
- Mixed baby salad leaves
- Cherry tomatoes
- Scamorza shavings
- Cauliflower and romanesco cauliflower shavings
- A few raspberries
- Shiso sprouts
- 1 dl balsamic vinegar
- 1 dl olive oil
- Salt and pepper

Preparation:

Wash, peel and finely slice the vegetables.

Prepare the vinaigrette in a salad bowl and add the vegetables. Mix well.

Arrange the lentils in each dish and top with the seasoned slices of vegetables, baby salad leaves and cherry tomatoes, and sprinkle with cauliflower and romanesco cauliflower shavings.

Garnish with a few raspberries, edible flowers, Scamorza shavings and shiso sprouts. Sprinkle with a dash of olive oil and serve.

