

DRINKS

STRAWBERRY AND BALSAMIC VINEGAR SMOOTHIE

Ingredients (For 1 smoothie)

- 2 handfuls of strawberries
- 8 cl milk
- 2 tsp balsamic vinegar
- ½ tsp honey
- Ice cubes

Preparation:

Wash the strawberries and remove the stems.

Blend the strawberries in a blender to obtain a smooth purée.

Incorporate the balsamic vinegar and milk.

Add the honey.

Serve with ice cubes.

