

BALANCE

# A DELICIOUS DRINK TO ENJOY IN SUMMER



## Ingredients (For 4 people )

- 300 g frozen peas
- 2 ripe avocados
- ½ bunch of mint leaves
- 3 green lemons, squeezed
- 1 bunch of coriander

## Preparation:

Crush and mix all the ingredients.

Adjust the seasoning with salt and pepper.

Serve with Nachos.

Our tip :

This drink can also be served as a condiment with fish or grilled white meat.

